

Updated 6th October 2020

GET IN - SAIL - GET OUT

There are certain safety precautions we all need to follow - and no doubt we want to follow for everyone's safety.

PLEASE READ ENSURE YOUR SAILOR FOLLOWS THESE INSTRUCTIONS!



(1) Get in, sail, get out, go home. If possible arrive and leave dressed to sail. QR code (preference) or paper sign-in on arrival plus departure time from A12SC for sailors, parents and volunteers.

(2) Do not participate at A12SC if you are unwell and may have been exposed to COVID-19. Notify the Secretary if a sailor or a family member is diagnosed with COVID-19.

(3) Comply with all NSW Public Health orders - in particular:

(a) *Sailors (including spectators and officials)* who in the last 14 days have been in Victoria should not attend A12SC. <https://www.health.nsw.gov.au/Infectious/covid-19/Pages/public-health-orders.aspx>

(b) *Sailors (including spectators and officials)* who have attended any of the reported case locations listed on the NSW Health website should not attend A12SC.

Please check before leaving home. <https://www.nsw.gov.au/covid-19/latest-news-and-updates>

(4) Everyone must maintain proper distancing. You know what to do - 1.5m apart and do not gather in groups around the club;

(5) Pursuant to advice from NSW Chief Health Officer Members should not attend the Club if they are participating in events at other Clubs and it is also recommended, where possible, that you sail with someone from the same zone as you (see zones below);

(6) Sailors will be directed to rig in a designated area for their class;



(7) Hygiene is vital. Use the A12SC hand sanitising stations on arrival, after rigging, on departure for Sailors, volunteers and coaches. There is to be absolutely no sharing of drinks, food, clothing or equipment;

(8) Club premises are limited access, the mezzanine is restricted to 10 people plus those on official duty and the veranda to 17 plus those on official duty. Toilet facilities are limited to 3 at a time, the bottom level corridor and the change rooms each to a maximum of three at any time;

(10) The canteen and bar are open, available food is pies, sausage rolls, ricotta & spinach rolls and noodles and a Sausage Sizzle outside the Club for the Cherub States;

(11) Only bring essential equipment to the Club and store it neatly and away from other participants;

(12) If a person does not adhere to these rules or obey reasonable safety directions by the Duty Officer they may be asked to leave the activity;

(13) Members to respect any directions from the Duty Officer who will coordinate onshore operations;

(14) We encourage the use of the COVIDSafe App around A12SC;

(15) Observe communications from the Club.

If you have any questions or suggestions contact

Phil Marsh, Hon. Secretary - 0414 345 323 secretary@abbotsfordsailingclub.org.au